

Flaminal[®] Hydro and Forte

Application guide for Skin Tears

Please read the instructions for use carefully.

ISTAP (International Skin Tear Advisory Panel) – Skin Tear Classification

Skin tears are classified into 3 types. Effective treatment depends on the type of skin tear.

Type 1 • No skin loss, the skin flap can be repositioned to cover the wound bed

Type 2 • Partial skin loss, partial skin flap loss that cannot be repositioned over the wound bed

Type 3 • Full skin loss, total skin flap loss, exposing the entire wound bed

Ref: Le Blanc et al, 2013. ISTAP Skin Tear Classification

BENEFITS

- Helps to keep your wound clean
- Keeps your wound moist and in the right healing conditions
- Flaminal[®] Hydro / Forte is safe for the skin and wound tissue
- Protects the edges of your wound
- Offers antimicrobial protection against bacteria
- Reduces wound odour
- Helps wound healing



CONTRAINDICATIONS

- Do not use if you have a known allergy to one of the components
- Do not apply to eyelids or in the eye. Should it come into contact with your eye, rinse the eye thoroughly

For slightly to moderately exuding wounds

For moderately to highly exuding wounds

Your nurse/doctor will advise you to use Hydro or Forte depending on your wound type

 **Flaminal[®]**

Please ensure you wash your hands thoroughly before and after application of Flaminal®



TYPE 1 No skin loss

Step 1 Cleanse your skin tear with clean water or a specific wound cleansing product such as Flamirins® if advised by your nurse/doctor

Step 2 Ease the skin flap back into place using a gloved finger, dampened cotton tip, tweezers or a silicone strip

Step 3 Cover with a non-adhesive silicone-coated net dressing

Step 4 Place a secondary non-adhesive dressing on top of the non-adhesive net dressing and fix with a bandage

- > Daily - Change the non-adhesive secondary dressing
- > Remove the non-adhesive net dressing after 5/7 days
- > DO NOT APPLY STERISTRIPS



TYPE 2 Partial skin loss

Step 1 Cleanse your skin tear with clean water or a specific wound cleansing product such as Flamirins® if advised by your nurse/doctor

Step 2 Cover with a non-adhesive silicone-coated net dressing

Step 3 Apply a thick layer of Flaminal® Hydro to the site of tissue loss (approx. 0.5cm) over the net dressing

Step 4 Place a secondary non-adhesive dressing on top of the non-adhesive net dressing and fix with a bandage

- > Daily - Cleanse the wound and re-apply Flaminal® Hydro and the non-adhesive secondary dressing daily.
- > Remove the non-adhesive net dressing after 5/7 days



TYPE 3 Complete tissue loss

Step 1 Cleanse your skin tear with clean water or a specific wound cleansing product such as Flamirins® if advised by your nurse/doctor

Step 2 Cover with a non-adhesive silicone-coated net dressing

Step 3 Apply a thick layer of Flaminal® Hydro / Forte to the site of tissue loss (approx. 0.5cm) over the net dressing

Step 4 Place a secondary non-adhesive dressing on top of the non-adhesive net dressing and fix with a bandage

- > Daily - Cleanse the wound and re-apply Flaminal® Hydro and the non-adhesive secondary dressing daily.
- > Remove the non-adhesive net dressing after 5/7 days